



Rules for Reserve Bench

And On-Field Trainers



- a) A maximum of 10 personnel are permitted in the reserve bench area:
 - a. Coach
 - b. Assistant Coach
 - c. Team Manager
 - d. 3 Trainers
 - e. 4 Reserve Players
- b) Maximum of three trainers per team per game permitted. Only two trainers are permitted on the field at one time.
- c) Trainers are permitted on the field for the rehydration of players (whilst team is in possession of the ball only) and attending to injuries and as such their on-field time should be limited to that purpose.
- d) In all cases when trainers enter the field of play to either attend to an injured player or carry water, they must immediately leave the field once their assigned task has been completed and return to their assigned player's bench.
- e) When not treating injuries or rehydrating players, trainers are to remain in the reserve bench area and are not permitted to walk up and down the side-line during play.
- f) Trainers are not permitted to remain behind their teams in-goal area during play.
- g) If present, a physiotherapist is permitted on the field to attend to an injured player.
- h) Trainers must conduct themselves in accordance with the Rugby League Pledge.
- i) Communication equipment is not permitted to be used on the playing field at any time. This includes the use of radio equipment and mobile phones. Persons found to be in breach of this rule will be removed from the playing area by the Match Manager.
- j) Trainers are not permitted to enter the playing field during an on-field skirmish between players. Trainers in breach of this rule will receive a mandatory one match suspension. Should a trainer breach this rule on a second occasion in the same game, he/she shall receive a further one match suspension and the Match Manager shall dismiss him/her from the playing area. For the purpose of this rule, the playing area is defined as the area enclosed by a fence or other such lines of demarcation, which prevents the encroachment of spectators. Match managers are to note the trainers in breach of this rule name/names on the match sheet.