



## Rules Relating to Vests - Used in 8s – 12s Grades



### Two Passes to Retain Possession

If two passes are not completed by either team, before getting tackled a change-over will occur.

The two-pass rule does not apply to scoring opportunities or chances. Your team does not need to pass the ball twice to score a try, however if tackled in an attempt to score and two passes have not been completed, a change-over will occur. Note for 8s grade, dummy half MUST pass and cannot score.

This rule does not apply if the first receiver or dummy half (wearing the designated ID vest) is tackled – See First Receiver and Dummy Half Vest Rule below.

### First Receiver Vest Rule

The First Receiver (FR) vest is worn by the halfback or first receiver of each team and allows that player to run and get tackled without a loss of possession, they can also score. Note this does not apply if the FR vest wearing player is in the dummy half position. The two-pass rule otherwise remains the same.

### Dummy Half Vest Rule

The Dummy Half (DH) vest is worn by the dummy half on each team. Similar to the First Receiver concept, the dummy half wears an ID vest and, from the dummy half position ONLY; is allowed to run, get tackled and score without a change of possession. The two-pass rule otherwise remains the same.

### Grade Specific Requirements

#### 8s Grade – 1 FR Vest

- Vest must be swapped at each quarter to a player who has not worn the vest that game.
- As we are encouraging development at these grades, we would suggest to coaches that all players are given the opportunity to wear the vest in rotation, over the course of the season.
- Acting dummy half MUST pass and cannot score.

#### 9s, 10s, 11s Grades – 1 FR Vest and 1 DH Vest

- Vest must be swapped at each quarter for 9s, and at halftime for 10s and 11s, to a player who has not worn the vest that game.
- As we are encouraging development at these grades, we would suggest to coaches that all players are given the opportunity to wear the vest in rotation, over the course of the season.

#### 12s Grades – 2 FR Vests and 1 DH Vest

- The vests are advised to be swapped over at halftime to give more players an opportunity to play dummy half and first receiver, however this is not compulsory.