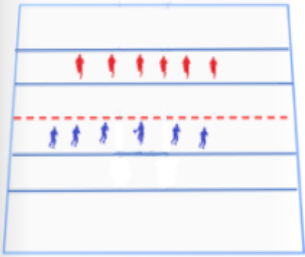




7s Grade



40M x 20M
FIELD SIZE

6

PLAYERS ONLY ON THE
FIELD PER TEAM



6 TACKLES PER SET



1 PASS TO RETAIN
POSSESSION

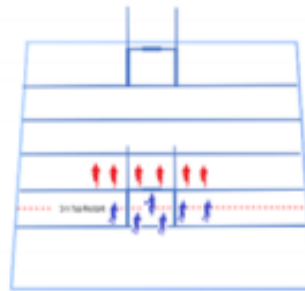
CHANCE RULE

FORWARD PASS
RUN INTO TOUCH
KNOCK ON

COUNTS AS A
TACKLE



ONE GAME LEADER
FROM EACH TEAM
REFEREES



5M TAP RESTART FOR
THE NON-SCORING
TEAM

DEFENDERS
STAND BACK

5M



4 x 8 MINUTE
PERIODS



NO MARKERS



NO SCRUMS



NO KICKING IN
GENERAL PLAY

INTERCHANGE RULE: COACHES MUST DO THEIR BEST TO ENSURE ALL PLAYERS
GET A MINIMUM OF 2/4 QUARTERS OF PLAYING TIME PER GAME