



# POSITION DESCRIPTION

## Canterbury Rugby League Representative

# ASSISTANT COACH



<b>JOB TITLE:</b>	Assistant Coach
<b>REPORTS TO:</b>	Head Coach
<b>PERIOD OF APPOINTMENT:</b>	One Year
<b>HOURS OF WORK:</b>	One or two evening per week (voluntary position) Depending on what grade you are involved in; you may be required on the weekends. Training sessions and dates are to be determined by the respective Head Coach.
<b>AVAILABLE POSITIONS:</b>	Women's, 19s, 17s, 15s, 14s & 13s

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### **GENERAL DESCRIPTION:**

The Assistant Coach will provide the Head Coach with support in all aspects of coaching and supporting the needs of the athletes and team management.

### **RESPONSIBILITIES AND DUTIES:**

#### Planning

- Work with the Head Coach with all pre planning.

#### Coaching

- Assist the Head Coach in fostering an environment of development.
- Assist the Head Coach in planning and delivery of training sessions.
- Assist the Head Coach in providing players with meaningful feedback and feed forward in regards to performance.
- Ensure the health and safety of the players that you are coaching and provide and assist with the pastoral care of player's staff.
- Willingness to attend Representative Coaching meetings and to develop as a coach by attending workshops or seeking professional development opportunities.

#### Selection

- Work with the assistant coach to select a 17-man playing squad before each game.
- Encourage players and team officials to abide by the rules at all times and respect the values of CRL, SZRL and the NZRL.
- Support, participate or facilitate professional development programs for other coaches within CRL relevant to the NZRL pathway.

#### CRL Development

- Support, participate or facilitate professional development programs for other coaches within CRL relevant to the NZRL pathway.

### **KNOWLEDGE AND SKILLS:**

- Proactive in supporting the Head Coach and other team officials in their roles
- An effective communicator, well planned and organized
- Appropriate qualifications as required by NZRL or working towards accreditation (NZRL Beginner Youth/Senior Coach Accreditation, please check when available course are run).
- Understand the characteristics and needs of the players that you will coach in relation to their stage of development.
- Understand the components of a training session and of competitions relevant to the athletes being coached.
- Actively working to maintain and/or improve their current accreditation level

- Has an understanding of modern coaching and teaching principles with good knowledge of rugby league – both technical and tactical.
- Lives and promotes the values of CRL, SZRL and NZRL – Courage, Passion, Integrity, Leadership and Respect

**PLANNING AND REPORTING:**

- Assist the Head Coach with the compilation of an end of tournament/competition report.